

# CHEF RONDON'S SELECTIONS

## 2025/2026 School Year Menu

### Week



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Rice with beans with a side of green beans and plantains	Nachos cheese & salsa with a side of rice and beans	EY: Soup of the day  Grilled cheese side of sweet potato	EY: Meatless chicken nuggets and fries  Meatless chicken sandwich and fries	Alfredo Pasta with side of veggies

### Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Baked empanada (cheese or spinach ricotta)	Quesadilla with veggies or green salad	Macaroni and cheese with side of veggies	Hot dog with sweet potato chips	Cheese pizza with Salad and Fruit

### Fruit and Snack Rotations

Fruit	Watermelon	Banana	Apple	Orange	Pineapple
Snacks	Vanilla Yogurt	Fruit bars	Hummus & carrots	Crackers and Cheese	Oatmeal bar

EY: Early Years Infants – 2 years old

Soups selections (Vegetable soup, Broccoli soup)

All meals are vegetarian

Days subject to modification based on availability

Grains and dairy are organic when available

Produce from the Farm & Garden is used when available